

INTERMEDIATE CRUISING INSTRUCTOR STANDARD

Standard Description

This Standard follows the Basic Cruising Instructor Standard. Candidates successfully completing this Standard will be authorized to deliver training leading to the Intermediate Cruising and Intermediate Crew Standards in addition to the Standards a Basic Cruising Instructor may award. Candidates registering for a clinic leading to this Standard should have experience in operation of a sailing vessel in a live-aboard environment including daytime and nighttime vessel operation. Candidates should be comfortable with the use and basic maintenance of the systems found on the modern cruising keelboat. Good communications and interpersonal skills will also be key in success at achieving this standard. This clinic focuses on developing the training, coaching and lesson presentation skills relevant to delivery of training leading to the Intermediate Cruising student level. Candidates sailing, boat handling and navigation skills will be assessed to ensure that they are capable of demonstrating skills that are components of this level of instruction.

It is envisioned that this Standard be implemented in one 8 hour ashore session and a minimum of one continuous 48 hour period afloat. Candidates will need to allocate additional time to complete working papers, review materials and prepare for the clinic. Candidates may also need to commit additional time to complete required examinations. This standard may also be attained by successfully team teaching with a Sail Canada Senior Instructor Evaluator certified to award this certification level.

Objective

To prepare, evaluate the capability of and authorize experienced Basic Cruising Instructors to deliver Sail Canada programs leading to the Intermediate Cruising Standard. At the end of this program the successful candidate should have the basic tools to be ready to develop a curriculum and plan and deliver quality lessons that will build student skills and knowledge at the level of the Sail Canada Intermediate Cruising standard.

Prerequisites

The candidate must:

1. Be age 19 or older;
2. Be currently registered as a Sail Canada Basic Cruising Instructor;
3. Have at least one season and a minimum of 150 hours logged as a Sail Canada Basic Cruising Instructor;
3. Have the Sail Canada Advanced Cruising Student Standard;
4. Have logged cruising time of 17 days as a skipper, minimum 3 days at a time;
5. Demonstrate characteristics and motivations worthy of being at Sail Canada LTC/P Instructor;
6. Demonstrate a willingness to support the goals of the Sail Canada LTC/P program.

Ashore Knowledge

The candidate must:

1. Achieve a mark of 90% on the *Sail Canada Intermediate Cruising* examination;
2. Achieve a mark of 80% on the Sail Canada Intermediate Coastal Navigation examination and demonstrate correct logbook entries and plotting using the Sail Canada Uniform Navigation Symbols and Terms;
3. Achieve a mark of 90% on the *Sail Canada Rules and Buoyage Exam* based on Rules 1 through 37, 40 and 45 of the International Regulations for Prevention of Collision, the Canadian Buoyage System and Canadian regulations;
4. Achieve a mark of 90% on all *Sail Canada Intermediate Cruising Working Papers* as supplied in the Intermediate Cruising Instructor Candidate Workbook. These are open-book and may be completed at home before the clinic.

Note: Candidates that have achieved an Intermediate Coastal Navigation certification within 36 months of the clinic may at the discretion of the clinic conductors be excused from repeating that examination.

Ashore Skills and Ashore Skills Evaluation

The candidate will be evaluated on ability to plan, teach, coach and evaluate a selection of performance objectives from the Ashore Knowledge section of the Sail Canada Intermediate Cruising Standard.

Candidates will be asked to prepare plans for delivery of assigned specific teaching topics and will be evaluated on the lesson plan, lesson content and delivery. Candidates will also be asked to prepare a curriculum plan demonstrating how they would organize training leading to the Intermediate Cruising Standard.

Afloat Skills and Afloat Skills Evaluation

The candidate:

1. Will be evaluated on ability to plan, teach, coach and evaluate a selection of performance objectives from the Afloat Skills of the Sail Canada Intermediate Cruising Standard;
2. Will be evaluated on ability to handle simulated emergency situations, specifically: steering failure, engine failure in crowded harbor, taking another vessel in tow, fire fighting, galley emergencies;
3. Will be evaluated on ability to assume total command of the vessel and its crew;
4. Will provide a curriculum and lesson plans for a program leading to the Sail Canada Intermediate Cruising Standard;
5. Must demonstrate personal traits so as to be worthy of respect as a Sail Canada Instructor specifically while living aboard a vessel.

Outcomes

At the end of a clinic leading to this Standard a clinic candidate may be:

- a) *Successful* and complete – Candidates will be awarded the Intermediate Cruising Instructor Standard,
- b) *Trained* - successful and incomplete (candidate missing prerequisites; examinations or working papers not completed to the required standard),
- c) *In Training* - unsuccessful (Candidate did not demonstrate an appropriate level of sailing or seamanship skills, unprofessional behavior at the clinic).

Candidates who are *In Training* will be given a path to follow to address observed deficiencies and advised what will be required for them to achieve certification if desired.

Trained (Successful but incomplete) candidates will be advised of their outstanding requirements and the time frame in which these requirements must be addressed.

Certification Authority

Intermediate Crew Standard and Intermediate Cruising Standard as well as the certification powers of a Basic Cruise Instructor.

Additional Notes

Instructors must register annually prior to teaching or awarding Sail Canada certifications.

An Instructor Candidate should possess all prerequisites prior to enrolling in a clinic, and must complete all the requirements for certification within four months of the last day of the Instructor Development Program (IDP) in which the Instructor Candidate participated.

Candidates must demonstrate they are physically capable of caring for the students who placed in their care. This is required for initial certification and subsequent re-certification and is accomplished through completion of a Transport Canada Marine Medical examination. Candidates not meeting the Transport Canada Marine Medical colour vision requirements will be accepted as candidates for training leading to the Intermediate Cruising Instructor certification.

Recertification is required for all instructor levels by attendance at an Instructor Development Program to renew or upgrade Instructor or IE qualifications. Refer to the *Instructor Recertification* section on the Sail Canada website Keelboat and Cruising Instructor page, the Practices and Procedures Manual and your Provincial Sailing Association for additional information.

Physical Requirements for Candidates

Training sessions will require periods of moderate upper body exertion, a moderate level of arm strength as well as agility and balance sufficient to allow the candidate to safely move around the vessel. Candidates will be expected (effective 01/01/2017) to successfully complete a Transport Canada Marine Medical (colour vision requirement waived for those not operating at night). Participants will be expected to demonstrate the ability to safely operate vessels up to 15 metres in length under sail and power in a wide range of weather conditions and in wind conditions that may reach gale force wind strength. Candidates must demonstrate good communications and coaching skills and the ability to correctly demonstrate any of the skills that are part of the intermediate cruising standard.

Further Information

For further information on becoming a Sail Canada Keelboat / Cruising Instructor contact your Provincial Sailing Association or Sail Canada.